

Monday	Tuesday	Wednesday
<p>2</p> <p>10:45 Dancing, Social Hall 11:45 Lunch</p> <p>Garlic chicken, brown rice, carrots, green salad w/ tomato & cucumber, fruit</p> <p>1:00 Big Bingo</p>  <p>National Peanut Butter and Jelly Day April 2</p>	<p>3</p> <p>9:30 Mahjong 11:45 Lunch</p> <p>Vegetarian- Pasta w/ tomatoes, onions, zucchini & cheese, roasted brussels sprouts, green salad w/ tomato & egg, fruit</p> <p>1:00 Movie: The Gifted</p>	<p>4</p> <p>10:00 SALA Appointments 10:30 Line Dancing, Social Hall 11:45 Lunch</p> <p>Teriyaki chicken, steamed white rice, mixed veggies, green salad w/carrots, fruit</p> <p>1:00 Bingo 1:00 Workshop: CTAP - Android 5:30 Movie: The Gifted</p>
<p>9</p> <p>8:30 HICAP 9:30 Movie: There Will Be Blood 10:45 Dancing, Social Hall 11:45 Lunch</p> <p>Cranberry chicken, wild rice, yellow squash, green salad w/ tomato & red bell peppers, fruit</p> <p>1:00 Movie: Darkest Hour</p>	<p>10</p> <p>11:00 Book Club "Victoria's Daughters"</p> <p>11:45 Lunch</p> <p>Apple Cider glaze pork chop, brown rice, broccoli, fruit</p> <p>1:00 Movie: Three Billboards Outside Ebbing, Missouri 3:00 Movie: La Vie en Rose</p>	<p>11</p> <p>10:30 Line Dancing, Social Hall 11:45 Lunch</p> <p>Vegetarian- Frittata w/ roasted bell peppers, zucchini, basil & cheese, mixed veggies, green salad w/ carrots, tomato, cucumber, carrots & cheese, garlic bread, fruit</p> <p>3:00 Movie: Juno 5:30 Movie: Get Out</p>
<h2>Double Feature</h2>  <p>National Eight Track Tape Day April 11</p>		
<p>16</p> <p>10:45 Dancing, Social Hall 11:45 Lunch</p> <p>Baked breaded pork chop, baked potato, mixed veggies, fruit</p>  <p>National Eggs Benedict Day April 16</p>	<p>17</p> <p>9:30 Mahjong 11:00 CSA Info and Referral 11:45 Lunch</p> <p>Beef enchilada, Spanish brown rice, corn, green salad w/ tomato, fruit</p> <p>1:00 Movie: Paris Can Wait 2:00 Newcomer's Group</p>	<p>18</p> <p>10:00 SALA Appointments 10:30 Line Dancing, Social Hall 11:45 Lunch</p> <p>Baked breaded fish, brown rice, mixed veggies, green salad, fruit</p> <p>1:00 Bingo 2:30 Workshop: Intro to Printing 5:30 Movie: Paris Can Wait</p>
<p>23</p> <p>10:45 Dancing, Social Hall 11:45 Lunch</p> <p>Chicken & rice casserole w/ onions, celery & bread crumbs, cauliflower, broccoli, peas & carrots, fruit</p>  <p>National Cherry Cheesecake Day April 23</p>  <p>National Take a Chance Day April 23</p>	<p>24</p> <p>11:45 Lunch</p> <p>Krab cake, couscous, Japanese blend veggies, green salad w/ tomato, cucumber & red bell peppers, apricot crisp</p> <p>1:00 Movie: Collateral Beauty 1:00 HICAP 1:00 Workshop: F.A.S.T.- Stroke Awareness</p>	<p>25</p> <p>10:30 Line Dancing, Social Hall 11:45 Lunch</p> <p>Spaghetti & meat balls, Italian veggies, green salad w/ carrots & tomato, fruit</p> <p>1:00 Bingo 12:30 Alzheimer's Screening 5:30 Movie: Collateral Beauty</p>
<p>30</p> <p>10:45 Dancing, Social Hall 11:45 Lunch</p> <p>Meat loaf, mashed potatoes, mixed veggies, fruit</p>		 

Thursday

Friday

Happenings in the Social Hall

Mondays

- ◇ Live music and dancing before lunch, 10:45-11:45

Tuesdays

- ◇ Live music before lunch.

Wednesdays

- ◇ Drop-in Line Dance Class before lunch, 10:30-11:30
- ◇ Bingo after lunch, 1:00-2:00

Fridays

- ◇ Live music and dancing before lunch, 10:45-11:45



Please Note:



Please join us for our annual Spring lunch and Hat Contest on Friday April 6. Prizes will be given for the funniest, most original and prettiest hat. Judging will begin at approximately 11:45 a.m.



5
9:00 Apple Assistance
10:00 Bookmobile
11:45 Lunch
Salisbury steak (ground beef), mashed potatoes, garlic kale, fruit
1:00 Workshop: Benefits of Good Nutrition

12
9:00 Apple Assistance
9:30 Movie: Elizabeth: The Golden Age
10:00 Bookmobile
11:45 Lunch
Seasoned chicken, mashed potatoes, cranberry sauce, green beans & carrots, fruit
1:00 Movie: Phantom Thread
1:30 SVILC - Housing Search



National Grilled Cheese Sandwich Day April 12

6
10:30 Blood Pressure Check
10:45 Dancing, Social Hall
11:45 Lunch
Baked Salmon, couscous, string beans w/ tomato, fruit, special dessert
Spring lunch and hat contest! Please see side column for details
1:00 Movie: The Gifted
2:15 Square Dancing

13
9:30 Movie: No Country For Old Men
10:45 Dancing, Social Hall
11:45 Lunch
Chef choice fish, brown rice, brussel sprouts, golden mandarin beet salad, fruit
1:00 Movie: Shape of Water
2:15 Square Dancing



National Scrabble Day April 13

19
9:00 Apple Assistance
10:00 Bookmobile
11:45 Lunch
Vegetarian- Potato-leek soup, wild rice, spinach salad w/ egg & beans, fruit
1:00 Workshop: Cyber Security

20
10:30 Blood Pressure Check
10:45 Dancing, Social Hall
11:45 Lunch
Paprika chicken w/ mushrooms, mashed sweet potatoes, green salad w/ broccoli, fruit
1:00 Movie: Paris Can Wait
2:15 Square Dancing

26
9:00 Apple Assistance
10:00 Bookmobile
11:45 Lunch
Lemon chicken, orzo pasta, green salad w/ carrots, fruit
1:00 Workshop: Living The Life Of A Service Dog

27
10:45 Dancing, Social Hall
11:45 Lunch
Pork chop in mushroom gravy, mashed potatoes, green beans & cauliflower, fruit
Birthdays
1:00 Movie: Collateral Beauty
2:15 Square Dancing



NUTRITION PROGRAM - The suggested contribution is \$3.00 for people 60 years and over. The meal cost is \$8.00 for people under 60 years old. Lunch is served at 11:45 a.m. Recommended sign in time: 11:15 a.m. First come, first served.



= Meal contains more than 1000mg sodium